

5 things to Remember when Choosing a Medical Provider

- 1 Understand Your Insurance.** Find out which providers are in your network and accepting new patients. This will narrow your search and save you time.
- 2 Research the Providers.** Ask around to others in your area, personal referrals are always welcome. You can ask the questions that are important to you! Will they treat me like family, or will I always feel like I'm a bother and get rushed through my visit.
- 3 Be Prepared.** Write down all your questions before hand. Brainstorm all the things you want to ask and bring your list with you.
- 4 Bring a Family Member/Advocate.** Having someone with you that knows your questions will help you feel secure. Between you both you will feel confident that your questions are answered, and you have someone that can take notes during your visit
- 5 Access Your Medical Record.** Sign up for the patient portal or ask for a copy of your visit information. This is a great way to keep up with the information discussed during your visit.

Contact us at www.whitleyptadvocates.com for more information.



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